



*Small batch cooking,
Really Good Frozen Meals
Made Especially
for Home. (NO TAX)*

Gluten Free, Dairy free and Vegetarian
are identified by GF, DF and V.

Soups and Chowder

Seafood Chowder GF	12.95
Sweet Potato Ginger Citrus Soup GF V DF	8.95
Curried Maple Chicken Soup GF	9.95
Tomato Quinoa Basil Soup GF V DF	8.95
Chicken lentil Soup GF DF	9.95
Traditional chicken and rice Soup GF DF	9.95

Appetizers, Dips and Sauces

Lobster Red Pepper Cheese Dip GF	13.95
Spinach Artichoke Cheese Dip GF.....	13.95
Red Pepper Hummus GF DF V	5.95
Traditional Hummus GF DF V	5.95
Baba Ganoush GF DF V.....	5.95
Spanakopitas (2 large).....	8.95
Zaatar Flatbread DF V	4.95
Marina Pizza Sauce GF DF V	6.95

Flavorful Meals and Sides

Falafels - by the dozen GF DF V	12.00
Portuguese Fish Cakes GF DF.....	14.95
Greek Mousaka GF	13.95
Vegetarian Mousaka GF	13.95
Spaghetti Bolognese DF	10.95
GF Spaghetti Bolognese DF.....	10.95
Traditional Lasagna.....	12.95
GF Lasagna.....	13.50
Shepherd's Pie GF DF	10.95
Chicken Cacciatore DF.....	12.95
GF Chicken Cacciatore DF	13.50
Baked Haddock, Peppers and Pineapple with Marina Sauce & Rice GF DF	12.95
Sweet potato Vegetable Curry GF V	11.95
Moroccan Chicken GF DF	13.95
Cheese baked potatoes (2)	6.95
Pulled pork sandwich meat.....	7.95

*Treat yourself and your loved ones
to a Kitchen Full of flavor.*

Call 902 867 4992

Orders over \$75, 10% discount

Pizzas, Calzones, Dough Balls

Med Greek Spinach Pizza with feta, peppers and nuts V	15.95
Med Combo Pizza, Pepperoni. Peppers and mushrooms..	15.95
Med Meatlovers Pizza	15.95
Med Garlic Fingers V.....	12.95
add sweet sauce	2.00
Calzone Caramelized onions, goat cheese, garlic sauce and pears V	8.95
Pizza Calzone Pepperoni, Peppers and pizza sauce.....	8.95
Sub buns-2 (for subs, garlic bread, grilled cheese or toast..	3.95
Dough Ball, Med	4.00
Dough Ball Large	4.95

Desserts & Non-sprayed Frozen Blueberries

5 lb non-sprayed local wild blueberries V For smoothies and baking.....	15.95
Sweet Potato Pecan Pie Bars GF	5.95
Cranberry almond Bread Pudding & caramel Sauce	6.95
Apple Crisp GF.....	6.95
Rhubarb Apple Crisp GF	6.95
Blueberry Crisp GF	6.95
Baklava	6.95



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**Call 902 867 4992 to place orders
and arrange pick up or delivery
or email your order to
operations@littlechristos.com**

**Craft beers, Cold Stream distilled drinks,
Ciders and Wines available
for pick up or delivery**

**NOTE: For individualized larger portion menus
email: uppercrustcatering@littlechristos.com**

**332 Main Street
Antigonish, NS, B2G 2M5
(Across from Shoppers Drug Mart)**